MY GOAL:_____

WHAT are my steps? What do I need to do to reach my goal? *Things take time; just remember to keep moving towards the goal, one step at a time.*	**WHO** can I ask to help me?	**WHEN** will I have it done?	**How** will I know when it's done? *What will success look like?*

How I will reward myself for achieving my goal…

What's my next goal?