

YLF NEWS

The Oklahoma YLF completed its sixth year on Saturday, June 13! Twenty high school students from across the state completed the 5-day camp, giving Oklahoma a total of ninety-four graduates! **Congratulations Graduates!**



Back Row: Brian Smith, Roderick Halpainy II, Lauren Morrison, Krissy Garrett, Julie Evans, Mindy Blaser, Blake Evans, Rachel Hall, Glen Adamson, Brett Cunningham, Prince Gould, Cody Sword, Matthew Wood, Justin Goldsberry, Nikola Mihelic, Steven Bay, Andrew Simms, Haley Booher, Amanda Yuen, Meredith Oliver. **Middle Row:** Cristina Anderson, Gwendolyn Adams, Jamie Brewer, Heather Tidmore, Zechariah Molden, Jennifer Karner, Anthony Taylor, Shelbi Lonkerd, Kyle Brannon, Marta Seitz, Cristina Craig, Olivia Molden. **Front Row:** Brad Mays, Hannah Fields, Lt. Governor Jari Askins, Aaron Ramos, Sheyenne Nicholas, Lauren Allison.

LOOK!

<http://okylf.pbworks.com/FrontPage>

Traits of a Good Leader

- **Broad-minded** - Seek out diversity.
- **Competent** - Base your actions on reason and moral principles. Do not make decisions based on emotional desires or feelings.
- **Courageous** - Have the perseverance to accomplish a goal, regardless of obstacles. Display a confident calmness when under stress.
- **Fair-minded** - Show fair treatment to **all** people. Display understanding by being sensitive to the feelings, values, interests, and well-being of others.
- **Forward-looking** - Set goals and have a vision of the future. Effective leaders envision what they want and how to get it.
- **Honest** - Be truthful, show integrity, and be open in all your actions. Misleading behavior will not inspire trust.
- **Imaginative** - Make appropriate changes in your thinking, plans, and methods as necessary. Show creativity by thinking of new and better goals, ideas, and solutions to problems. Be inventive!
- **Inspiring** - Display confidence in all that you do. Take charge when necessary.
- **Intelligent** - Read, study, and seek challenging assignments.
- **Initiative** - Taking action without being told to do so.
- **Responsible** - Do what you are supposed to do. Be accountable for your choices. Being dependable.



“HEY JEN... Why should I send in “Blue Cards?”

- (1) Many of our alumni express an interest in returning to YLF. The number of blue cards you send in are a key indicator of your commitment to leadership development and are used to help determine which alumni will be invited to YLF 2010!
- (2) Getting involved in your community demonstrates your leadership traits (see page 2). Send in your blue cards to let us know of what you’re doing with your training from YLF!
- (3) The Developmental Disabilities Council invests a lot of money in YOU! We chose YOU and paid for you to attend because we are confident you will be leading your communities! Get out and volunteer!
- (4) I LOVE bragging on the YLF Alumni! Please share with me what you are doing for your community!

Are you unsure of what to send in on your blue card? Here are some examples of past **involvements** and **achievements** that could be sent in!

- ❖ Attending & Participating at your IEP or IHP planning meeting!
- ❖ A community-wide project!
- ❖ Speaking about your experiences at YLF to your class!
- ❖ Speaking at a conference or college!
- ❖ Hanging up a YLF poster at school or in your town (ask permission first)!
- ❖ Being on the Honor Roll!
- ❖ Writing an article for a newspaper!
- ❖ Being a student legislator for your school (high school or college)!
- ❖ Being an officer for a club/organization!
- ❖ Giving blood at a local blood drive!

These are only some examples! Get out there and get involved!!! Call me if you have questions!

And...as ALWAYS: IF YOU NEED MORE BLUE CARDS, CALL ME!!!



Oklahoma House of Representatives Page Program



The Oklahoma House of Representatives is proud to host one of the finest legislative programs for young people in the United States. The program is open to young people, age 14 through 18 in high school. The experience of serving as a House Page is a fun and rewarding one. Many Pages value their service as one of the most positive experiences of their lives. This type of service is also a good reference item for college entrance, scholarship applications and resumes.

Each legislative week, a new group of youngsters from across Oklahoma arrives at the Capitol. Each legislator is allowed to sponsor up to four teenagers per yearly session from their respective district for Page Service. Each young person, selected by his/her legislator, serves one legislative week. A legislative service week is Monday through Thursday, from the first Monday in February through the last Friday in May. The final two weeks of Session are normally Monday through Friday.

For Pages living outside of Oklahoma County, the House of Representatives provides lodging at the Wyndham Garden Hotel. Each Page checks in at the hotel on Sunday evening, is assigned a roommate, and receives hotel rules and regulations by the Page Program Hotel Chaperones. This is a dedicated couple who has served the House of Representatives Page Program for over six years. During the legislative session, their number one priority is the safety and security of the hotel Pages. They bring them to and from the Capitol each day in a bus the House provides and are with them during evening activities as well as thru the nighttime hours.

There is a breakfast buffet at the hotel that is provided for the hotel Pages. All other meals such as lunches and snacks may be purchased by the Pages in one of the two capitol snack bars. Most lunches do not exceed \$5. In the evenings, the House transports the hotel Pages to one of the local, popular restaurants. As well as lunches and snacks, each Page is responsible for paying for his own dinner, which average \$10-15.

Local Pages who do not lodge at the hotel are to arrive daily at the Capitol at 8:00 a.m. and are released at 4:30. All Pages are closely supervised while they are at the Capitol.

Each Page will receive a small service stipend to be mailed to his/her home after their service week, this is to assist in defraying a portion of the cost incurred by serving as a House Page.

Monday morning begins with an Orientation process. This includes instruction of duties and a tour of the capitol. On Tuesday night, after dinner, the Pages return to the Capitol for a Mock Legislature. Pages are given the opportunity for various roles in the legislature on Monday. The Mock Legislature gives the Pages a fun and hands-on experience with their State government processes. Two bills are discussed, taken through the committee process, debated on the House floor and voted upon by the Pages in the Mock Legislature. Wednesday morning a continental breakfast is provided at the Capitol. This is an extra opportunity to for Pages to meet and speak with their sponsoring Representative.

During the service day, Pages run errands between the various offices of the Capitol building. Each Page takes his/her turn serving in the House Chamber, during Daily Session. All Pages are encouraged to wear **comfortable shoes** and appropriate dress.

If you would like to serve as a Page, the process begins by contacting your local Representative. If you are unsure who your House member is, you may contact your local [County Election Board](#) or by logging on to <http://www.okhouse.gov/FindRep.aspx>.

For other questions, please feel free to contact Ashley Pena—Page Program Secretary at 405-521-2711 x 142 or Karen Kipgen—Page Program Supervisor at 405-521-2711 x189

NOW IS THE TIME FOR YOU TO START THE PROCESS OF APPLYING IF YOU ARE INTERESTED! IF YOU NEED A RECOMMENDATION, LET ME KNOW!!! I HOPE THAT THOSE WHO ARE ELIGIBLE WILL APPLY!!! -Jen

NEWSLETTER CONTEST!!!!!!!

Ann-Apple, Prince-Pear, Justin-Jeep, Kiley-Kiwi, Jen-Jump, Jamie-Jelly, Shy-Sugar-Shorty, Marta-Monkey, Jennifer-Jovial, Dusty-Door (or was that Drawers?), Julie-Jazzhands, Haley-Harmonica, Bodacious-Blake, Zehcahriah-Zebracakes, Jennifer-Joyful, Cristina-Candy, Cody-Cute, Matthew-Maple, Shelbi-Salt, Nikolas-Nest, Steven-Sports, Andrew-is Adored, Shay-Smiling, Brian-Bratwurst, Brett-Bootylicious, (is that spelled right?), Cristina-Crazy, Rachel-Rocking, Hannah-Horse, Heather-Heater, Lauren-Loveable, Olivia-Outstanding, Krissy-Kissing, Roderick-Smiles (YES...yes he does!), Kyle-Kite, Anthony-Amazing, Mindy-Money (Can I have some?), Meredith-Motivational, Amanda-Apocalypse, Aaron-Awesome (Brad Pitt, anyone?), Glen-Goofy (YEP...yep he is!), Brad-Boomer (Sooner!), and Lauren-Laughing!!! PHEW!!!! I did it! Now....

Can YOU find them all? Better yet... Can you be the first one to tell me (e-mail, US mail, phone) ALL the speakers that are in the collage?



YOU SAY IT'S YOUR BIRTHDAY?!

July Birthdays

Heather McCracken - YLF '06
Rosy McCann - YLF '07
Joey Keller - YLF '08
Jennifer Baker - YLF '04
Lauren Allison - YLF '05
Amanda Yuen - staff
Sheyenne Nicholas - YLF '09
Derrick Gant - YLF '06
Brittany Elrod - YLF '05

August Birthdays

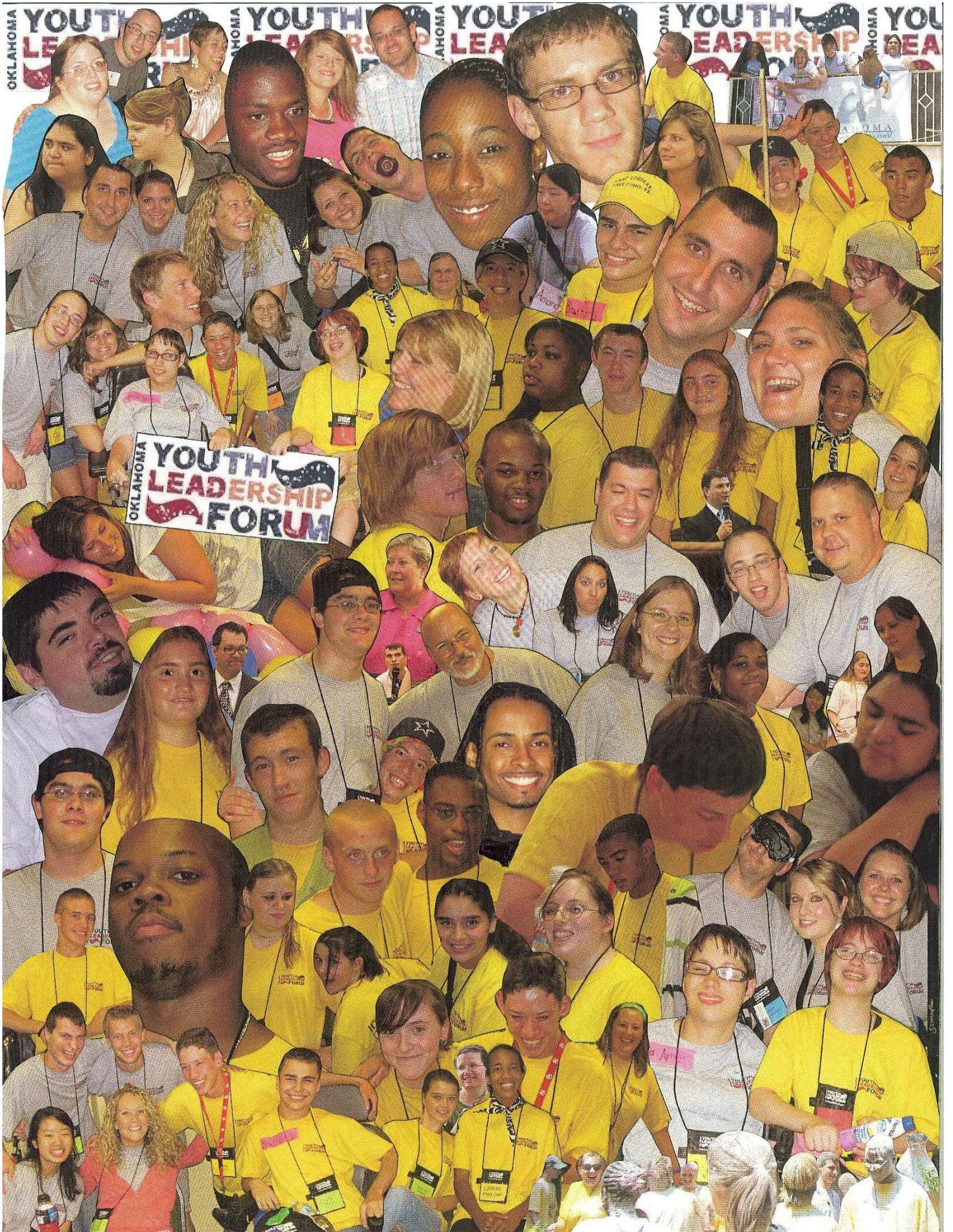
Rachael Crist - YLF '08
Justin Goldsberry - YLF '09
Chad Beery - staff
Michelle Oakley - YLF '06
Billie Schoonover - YLF '04

Tiffany Roe - YLF '07
Kay Heffron - YLF '07
Kethzia Martinez - staff
Lauren Morrison - YLF '09

September Birthdays

Jennifer Kauder - staff
Brad Mays - staff
Nikolas Mihelic - YLF '09
Brian Smith - YLF '04
Jacob Lindsey - YLF '08
Anthony Taylor - YLF '08
Blake Evans - staff
Sarah Martin - YLF '07
Justin Freeze - YLF '05
Ann Trudgeon - staff





The **YLF News** and **YLF Wiki** is **YOUR** connection to leadership, one another, and the YLF! We want to hear from you! Send your comments, photos, articles, recipes, drawings, cartoon, etc! When you do so, don't forget to send in a "Blue Card!" I'll sign it for you!

Send in your news or wiki contributions to:

ODDC

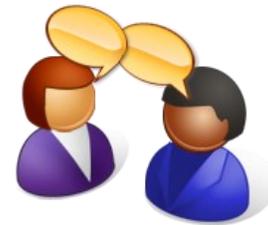
Jenifer Randle

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Call: 521-4964 OR 800-836-4470



YLF CHAT GROUP

THURSDAYS - 6:30-7:30pm

<http://okylf.pbworks.com>

Click on the word CHAT and join up! I look forward to seeing everyone there! -jen

YLF ALUMNI INVOLVEMENT & ACHIEVEMENT CARDS "BLUE CARDS"

Congratulations to all the Alumni who sent in one or many "BLUE CARDS" last year! It's important for you to remember to fill these out and mail in! It helps us know what you are doing with the training you received during YLF. We also use the number of blue cards as one of the determiners in choosing our YLF Alumni Mentors!

Since we have a new class of YLF graduates, every class restarts at 0 blue cards for the year. You guys better watch out though...Class of 2009 is already on the ball, sending in 7 blue cards already!

YLF 2004: 1 blue cards

YLF 2005: 0 blue cards

YLF 2006: 0 blue cards

YLF 2007: 4 blue cards

YLF 2008: 2 blue cards

YLF 2009: 7 blue cards

***Remember: If you need more blue cards, write us a letter, e-mail me, call me! We'll send them to you!**

Jenifer.randle@okdhs.org

521-4964

1-800-836-4470 (outside OKC metro)