



**OKLAHOMA DEPARTMENT OF HUMAN SERVICES**

A project of the Oklahoma Developmental Disabilities Council

**Strengths, Assets, and Goals Worksheet**



**Personal information.**

Student's last name	First
Name of high school	

**Strengths, assets, and goals**

Some important aspects of being a leader are:

- recognizing your strengths;
- knowing what you need help with;
- setting goals; and
- developing strategies to achieve your goals.

Following the format below, write or type the requested information. This information helps Youth Leadership Forum (YLF) staff to better know and understand the goals of applicants. It is a preparatory guide for student delegates as they develop their personal leadership plans at the forum. Attach additional sheet if necessary.

**Personal assets.** Things I am good at, my gifts, talents, and strengths:

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**Future goals.** What I want to do **after** high school:

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**My skills today.** What I can do **right now** to meet my future goals:

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**My needs.** What I **still** need to do and learn to meet my future goals:

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**Current goals.** Goals I want to achieve this year and steps I will take or opportunities that may help me meet my goals:

**Goal 1.**

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**Steps or opportunities:**

- 1.
- 2.
- 3.

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**People who can help me with this:**

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**Goal 2.**

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**Steps or opportunities:**

- 1.
- 2.
- 3.

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**People who can help me with this:**

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At the YLF, each delegate is required to complete a personal leadership plan. If I am selected to be a YLF delegate I agree to complete my plan as required.

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Signature of student Date