

# OKLAHOMA YLF 2012

## OKLAHOMA YOUTH LEADERSHIP FORUM

The Oklahoma Youth Leadership Forum is a project of the Oklahoma Developmental Disabilities Council.



*Youth Leadership Forum  
Capitol Day  
2012*

## The Youth Leadership Forum Develops Leaders!

The Youth Leadership Forum (YLF) is a national youth leadership curriculum designed for high school students with disabilities. The YLF is a unique program designed to develop advocacy and leadership skills in our youth. Primarily, these youth are going into their junior or senior year. However, some are outgoing seniors (just graduated) the summer they attend YLF.

Up to twenty-five students are chosen from a statewide application and interview process. The selected young men and women come together on the campus of the University of Science and Arts of Oklahoma (USAO) in Chickasha for five days of intensive leadership training and personal growth. The YLF curriculum follows five main teaching principles: one, Principles of Leadership; two, The Experience of Disability; three, Technology and Resources; four, Living on My Own and Reaching My Goals; and five, Leading In My Community. Activities and presenters are chosen specifically with these principles in mind. Activities our youth participate include problem solving and collaborative skill building, advocacy training (personal and legislative), meeting with legislators, exploring career options, identifying important resources, creating their own personal leadership plan and relationship building. The key to the YLF program is leadership by example. Our presenters are chosen for their message and how well they relate to youth with disabilities. These events are held on a college campus, giving youth the opportunity to experience life on a college campus and on their own (without parents).



*"Because of YLF I can speak to my professors about accommodations."*

-2009 YLF Graduate



*"Because of YLF I'm not afraid to stand up for myself and others."*

-2011 YLF Graduate



*"Because of YLF I challenge myself more."*

-2010 YLF Graduate

## Youth Develop Capacity to Plan and Set Goals

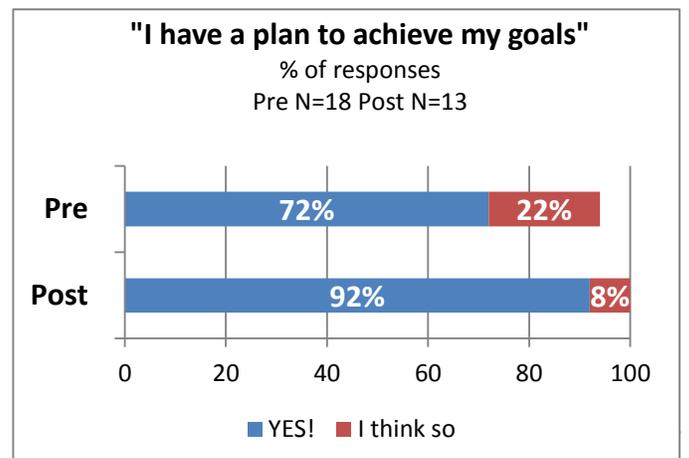
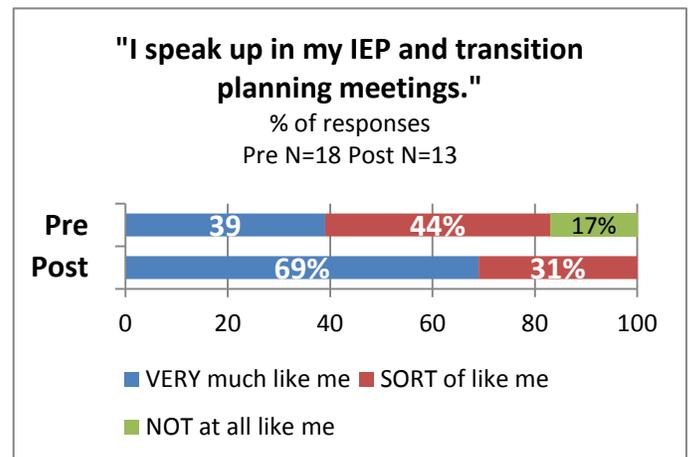
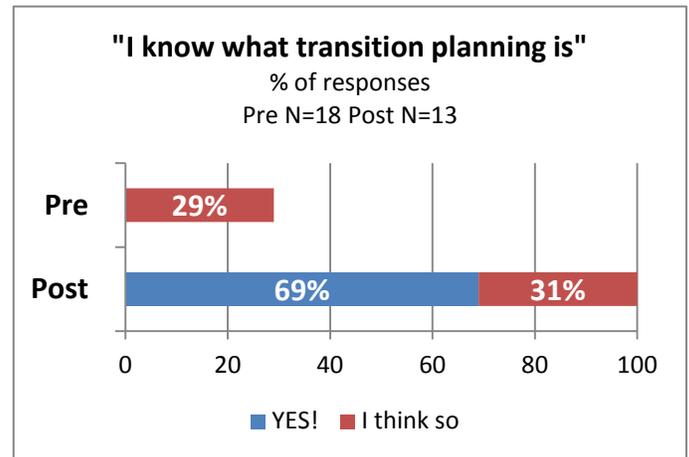
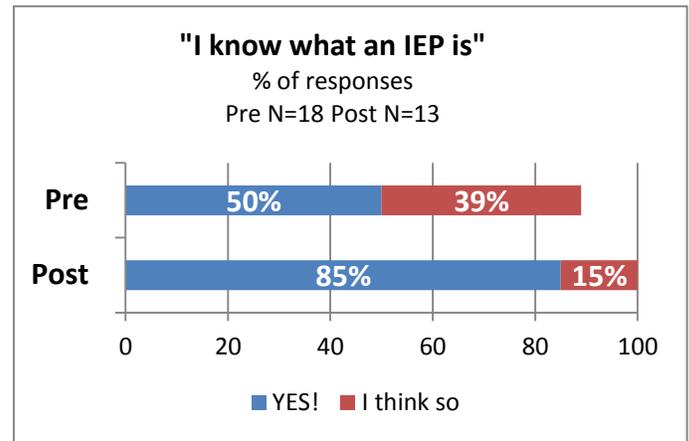
Delegates learn about IEPs and goal setting through participation in activities, discussions and interaction with speakers. During the forum youth develop a personal leadership plan.

On the pre and post surveys, four questions indicate outcomes for the youth.

- On the pre-forum questionnaire only 50% of youth definitely **knew what an IEP was**; by the end of the week, 85% said they definitely knew.
- Regarding transition planning, none of the youth was confident in their knowledge before the forum and only 29% responded, “I think so.” But by the end of the week **100% of youth knew about transition planning**, and of those 69% said “yes definitely”
- On the pre-forum questionnaire, 39% of the students answered that speaking up in their IEP and transition meetings was “very much like me.” At the end of the week, 69% were confident in speaking up in their IEP and transition meetings. No one answered “not at all like me” at the end of the forum.

*“Now I will,” answers one student in response to the post forum statement “I speak up at my IEP and transition planning meeting.”*

- At the beginning of the week, all students answered they set goals for their future, with 72% answering with a “Yes, Definitely!” At the end of the forum, 92% of our youth answered they set goals for their future.



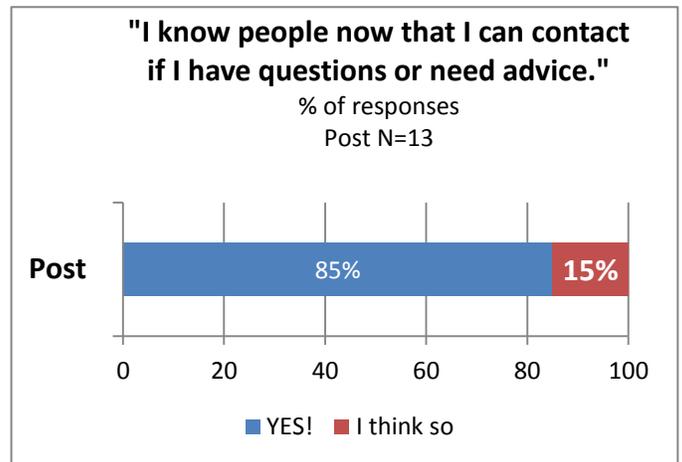
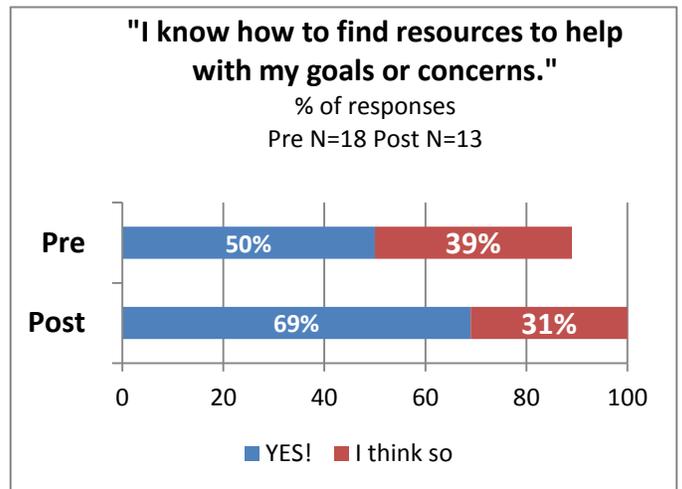
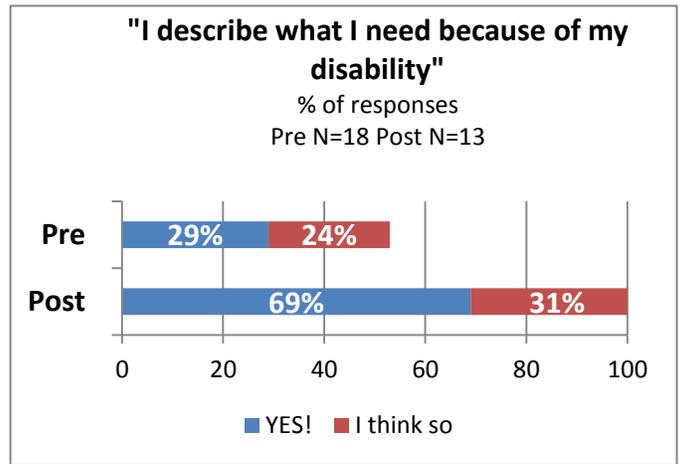
## Youth Identify Their Needs and Supports

Delegates are introduced to assistive technology, devices, and individuals that may benefit them through discussions with each other and speakers.

On the pre- and post-questionnaires, three questions indicate outcomes for the youth.

- On the pre-forum questionnaire, half of the students were able to describe things needed (accommodations or supports) because of their disability. After the forum, **100%** of the students could describe their needs.
- Most students responded they knew where to find help with their goals at the beginning of the forum. After the forum, 100% of the students felt confident in where to find help with an increase in those who were definite (YES!).
- After the forum, students were asked if they knew people to contact with their questions. **All** students answered they knew who to ask!

Speakers at the YLF are self-advocates, legislators, and experts in their area. They are selected not only for the knowledge they provide, but also how well they connect with young people.



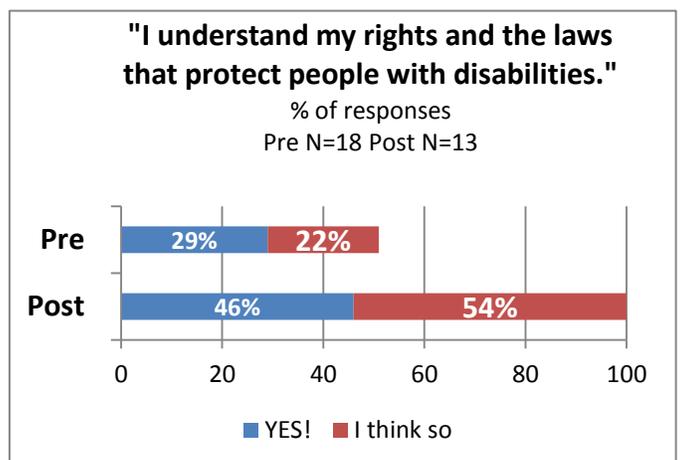
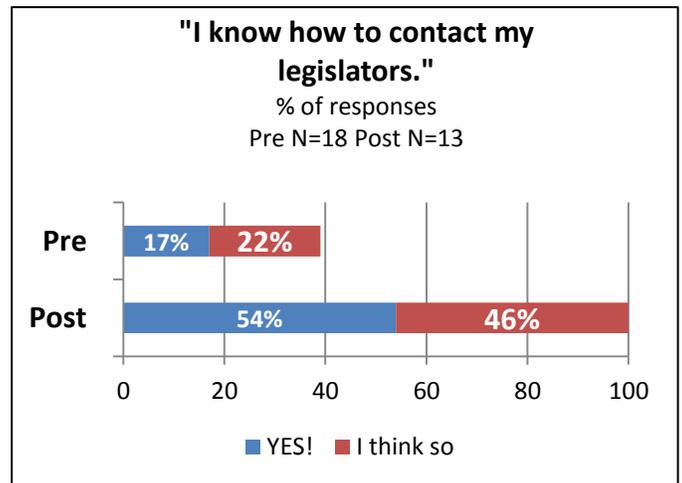
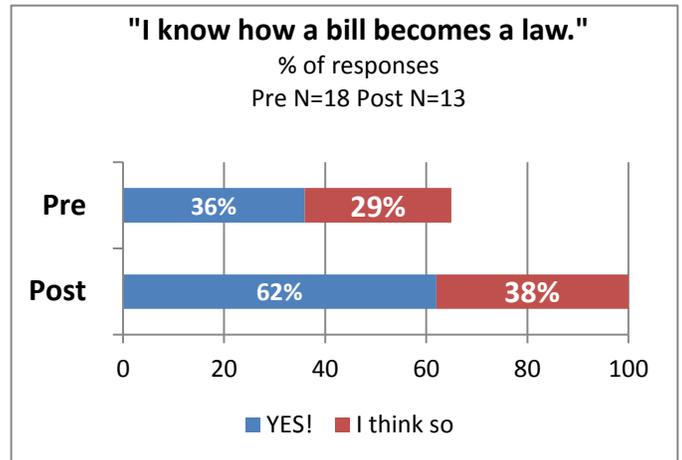
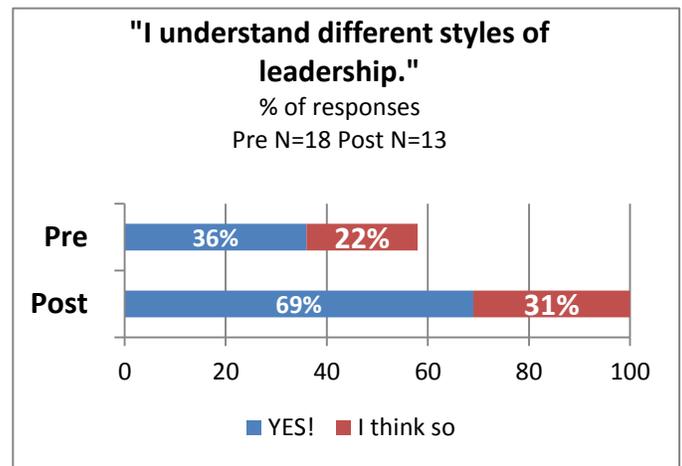
## Youth Develop As a Leader

During the forum, delegates are introduced to principles of leadership. The YLF curriculum is weighted heavily in this area. Because of this, most of our time while at the forum is spent on helping students grow as leaders for themselves and others. Activities include collaboration skills and styles of leadership as well as studying legislative processes.

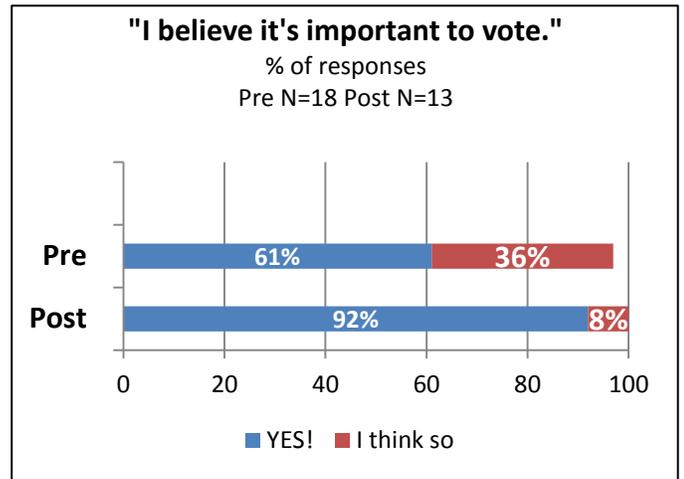
Through discussions and small and large group activities, delegates improve team-work and communication skills.

On the pre- and post forum questionnaires, five questions indicate those outcomes for youth.

- At the end of the forum, **all** students felt comfortable in understanding the different styles of leadership.
- At the beginning of the forum, 35% of the students did not respond favorably in understanding the lawmaking legislative process. At the end of the forum, 100% of the students responded confidently they understood the process, with 62% responding without a doubt they understood the process.
- At the beginning of the forum, only 17% of the students were confident that they knew how to contact their legislators. At the end of the forum, 100% of the students responded they knew how to contact their legislators, with over half answering “Yes, definitely.”
- At the beginning of the forum, 49% of the students did **not** know their rights and the laws in place to protect themselves and others with disabilities. At the end of the forum, **100%** of the students responded on the post forum survey they knew their rights and the laws that protect themselves and others with disabilities.



- On the pre-forum questionnaire, 61% of the youth answered with a confident “Yes! Definitely” in response to understanding the importance of voting. On the post forum questionnaire, 92% of the students answered “Yes! Definitely” in response to this.





## Youth Increase Relationships, Gain Confidence in New Situations and Have Fun!

During the forum, delegates are introduced to many people. Relationships blossom throughout the week as youth gain confidence in how to have and maintain successful relationships with peers and adults. Through discussions and small and large group activities involving collaboration and some negotiation, delegates learn how to maintain positive relationships with others. Many activities used throughout the week put youth out of their comfort zone, forcing them into new social situations such as understanding dining etiquette.

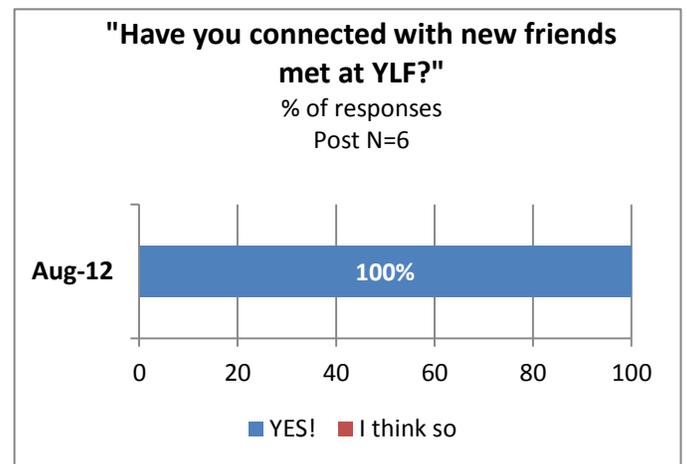
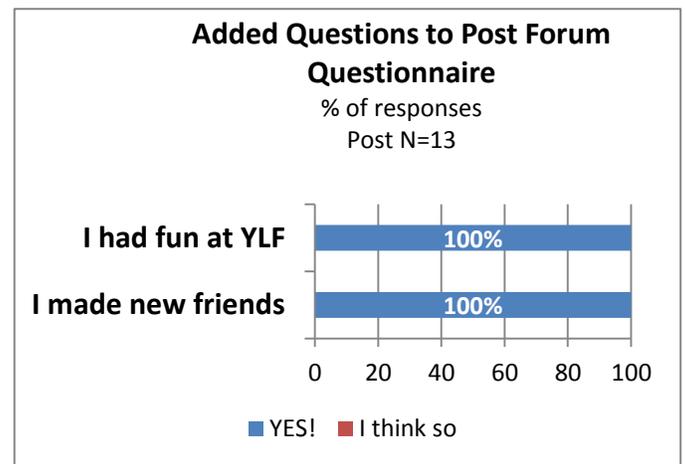
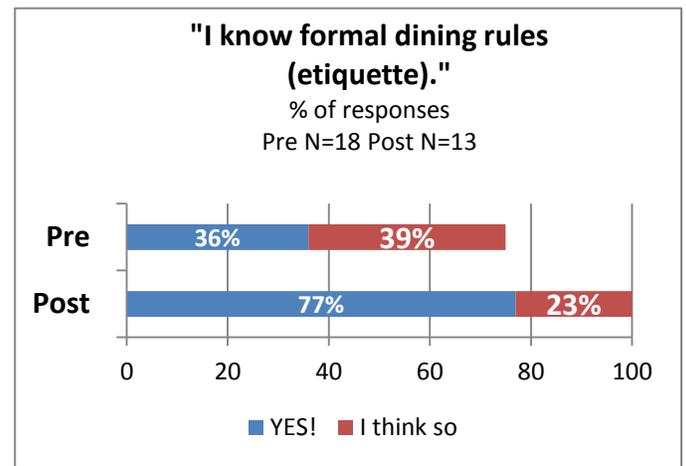
On the pre- and post-forum questionnaires, three questions indicate outcomes for youth.

- On the pre-forum questionnaire, 75% of the students responded they knew formal dining rules. On the post forum questionnaire, all students answered they knew formal dining rules, with 77% responding “Yes! Definitely!”
- At the end of the forum, students were asked if they met new friends. 100% responded “Yes! Definitely.”
- On the post forum questionnaire, students were asked if they had fun at YLF. 100% of the students answered “Yes! Definitely.”

## Youth Relationships Continue

After camp, youth complete a follow up questionnaire two months after attending the YLF. When asked if they have connected with new friends, 100% of the youth responded “Yes! Definitely!”

*“It’s a huge family that supports you in any decision you make. They’re always going to be there to push you a little step further than what you think you can do. You’re always going to have that life-long friendship with everyone here.” -- A Graduate of the YLF*

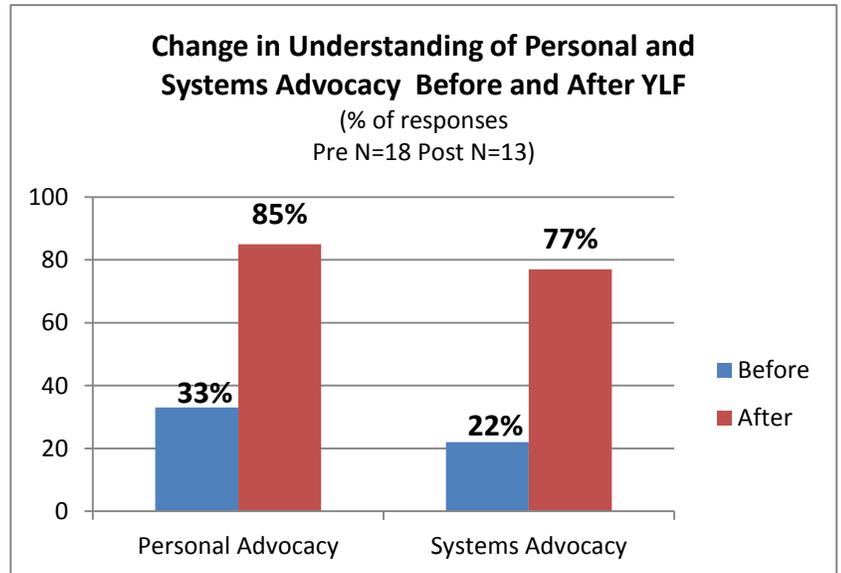


## Youth Gain Understanding of Personal and Systems Advocacy

Presentations and activities at YLF are designed to improve youth’s understanding of advocacy, both personal and systems advocacy.

Youth were asked to give examples of personal advocacy on the pre- and post-forum questionnaires.

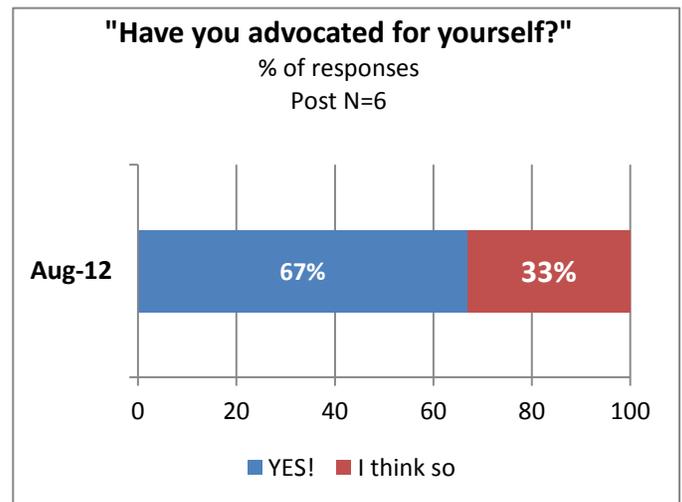
- 33% (6 of 18) of the youth were able to give at least one example before YLF.
- 85% (11 of 13) of the youth were able to give at least one example AFTER the YLF. Responses given include themes such as “Standing up for rights” and “telling someone what you need.”



Youth were also asked to give examples of systems advocacy on the pre- and post-forum questionnaires.

- 22% (4 of 18) of the youth were able to provide at least one example before YLF.
- 77% (10 of 13) of the youth were able to give at least one example AFTER YLF. Themes included “Do something for others,” “group of people achieve,” and “help others with same problem.”

On our camp follow up questionnaire mailed in August 2012, youth were asked if they have advocated for themselves. 100% responded Yes, with 67% saying “Yes, Definitely!”



***“I am speaking up and needing assistance less.”*** -- Reported in August 2012

***“My daughter has taken the initiative to conduct her own IEP without her parents – did GREAT!”***  
 -- Reported in August 2012.

***“Her mission is to advocate for those children who cannot advocate for themselves.”*** -- Reported in August 2012.

## Youth Develop Teamwork, and Collaboration Skills!

On the pre-forum questionnaire, 78% (14 of 18) of the youth were able to list actions of good team members. On the post-forum questionnaire, 100% (13 of 13) of the youth were able to list actions of good team members. Examples listed were: being cooperative, listening, and working well with others.

On the pre-forum questionnaire, 6% (1 of 18) of the youth noted leadership when listing actions of good team members. Responses included:

- “knowing when to lead and when to follow”

On the post-forum questionnaire, 31% (4 of the 13 comments) noted leadership when listing actions of good team members. Responses included:

- Being a great leader
- Become a leader and have fun when you do
- Knowing when to lead and when to follow
- Be a leader



*“I think I am a leader.” - In August 2012*

## Youth Understand the Benefits for Volunteering

On the pre-forum questionnaire, 89% (16 of 18) of the youth were able to list benefits of volunteering in their communities. Responses included:

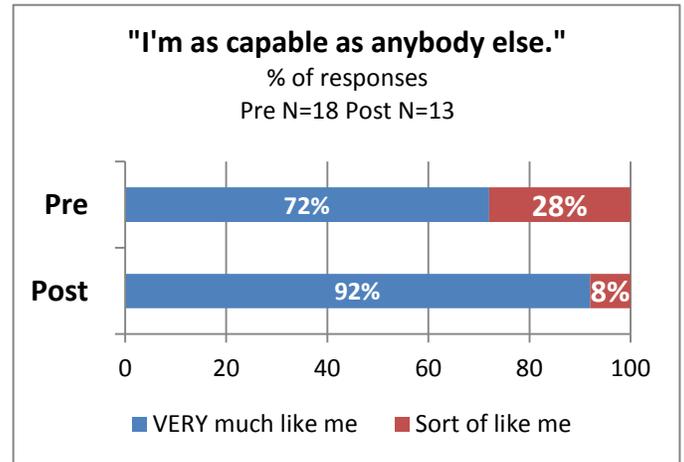
- Helping others
- Getting experience

On the post-forum questionnaire, 92% (12 of 13) of the youth were able to list benefits of volunteering in their communities. Responses included:

- Giving back
- Personal gratification
- Meeting new people

## Youth Perceptions Before & After YLF

On both the pre- and post-forum questionnaire, youth were asked to name five positive characteristics of themselves. Youth were easily able to list five things on both questionnaires. There was a 10% increase in comments regarding friendliness and demonstrating the youth felt better about themselves socially by the end of the forum. “Leadership” was not mentioned by any youth on the pre-forum questionnaire, but was mentioned by two youth on the post forum questionnaire. Honesty and trustworthy were mentioned on the pre-forum questionnaire by 9% (7) of the youth, but not specifically mentioned on the post forum questionnaire.



The themes “before” and “after” were very similar	<b>Before</b> (74 responses from 18 people – avg 4.3 per person)	<b>After</b> (64 responses from 13 people – avg 4.5 per person)
<b>Friendliness</b>	<b>34% (25)</b>	<b>44% (28)</b>
Smart	15% (11)	9% (6)
Compassionate, caring	15% (11)	11% (7)
Strong person	6% (4)	8% (5)
Positive attitude/humor	8% (6)	12% (8)
sporty	3% (3)	3% (2)
Goal oriented	3% (2)	2% (1)
Other	7% (5) (adventurous, creative, cool, faith, good with hands)	8% (5) (great singer, great dancer, general quirkiness, talented/dancing, I'm pretty)

At the beginning of the week, 72% of the youth answered they were confident they were as capable as anyone else on the pre-forum questionnaire.

At the end of the forum, youth were given the same statement again, with 92% of the youth answering “Yes, Definitely!”

*“I believe in myself more. I’m making more challenges for myself. I’m making myself take responsibility for things I need.”*

- In August 2012

*“Takes the initiative to handle issues that have come up. Handles all senior activities, fees and deadlines.”* -- In August 2012

## Youth Identify What's Important To and For

Helping youth understand what is important **TO** them (their preferences, likes and passions) and know what's important **FOR** them (supports they need) was discussed throughout the forum. Youth were asked what is important to them and what is important for them before and after YLF. Youth were able to easily identify at least one thing for To and For on both questionnaires.

On the pre-forum questionnaire, 89% (16 of 18) of the youth identified what's important **TO** them. 72% (13 of 18) of the youth were able to list what's important **FOR** them.

On the post-forum questionnaire, 100% (13 of 13) of the youth identified what's important **TO** them. 77% (10 of 13) of the youth were able to identify things that are important **FOR** them.

Important TO examples very similar on pre- and post-forum questionnaire:

- Friends, family
- God
- Playing music, video
- School, learning

Important FOR factors very similar on pre- and post-forum questionnaire:

- Healthy living
- Safety
- Basic needs (food, shelter)
- Job
- Supports

These results demonstrate the participants' understanding of the concepts "important to and for." Of note are the differences: YLF was identified as an important TO on the post forum questionnaire along with comments about having a positive attitude.



## **Youth were very satisfied with YLF**

At the beginning of the week youth were asked what they expected to get from YLF. Responses from the 14 who answered the question related to one or more of five themes: self-knowledge (7 comments), making new friends (5 comments), learn about leadership (4 comments) and self-advocacy skills (2 responses). Examples of their responses:

- “To help understand what disabilities are, you don’t have to be ashamed of yourself, that you have confidence about yourself.”
- “Expect to have a great time and meet new people”
- “I expect to get leadership skills, better self-advocacy and knowledge of the legislative system.”

## **At the end of the week, 89% of the youth said their expectations had been MORE than met.**

Most responses to a question about favorite aspects of YLF related to social interactions - 6 of 12 wrote about meeting new people, 2 more noted the dinner and dancing. Other comments:

- My favorite thing at YLF was: “All the acceptance.”
- My favorite thing at YLF was “Visiting the state capitol.”
- My favorite thing at YLF was: “The speakers and learning.”

## **Parents Perspective**

In August of 2012, parents were asked their impressions of the experience for their child. 8 of 18 completed the survey. Responses were very positive and measurable.

Most meaningful aspect for your child from YLF?

- “He doesn’t think his disability is something to be ashamed about.”
- “(She) understands that she can make a difference.”

How has your child’s life changed from YLF?

- “More confident.”
- “Believes she can do whatever she chooses.”
- “Much more vocal. Always offers her opinion.”

How has your life changed from YLF?

- “Feeling a little better about sending him out into the world.”
- “I realized how we really do too much for her.”
- “My daughter learned about herself and discovered how much she likes herself!”
- “It’s very exciting to see her ‘I can do this’ attitude.”
- “One of the greatest experiences of her life.”

## Appendices

1. 2012 Youth Leadership Forum Schedule
2. Logic model created for the Oklahoma Youth Leadership Forum
3. Pre-forum Questionnaire (given to youth attending the YLF on the first day)
4. Post Forum Questionnaire (given to youth attending the YLF on the last day)
5. August 2012 Follow Up Alumni Questionnaire (mailed to 2012 YLF attendees)
6. August 2012 Follow up Parent Questionnaire (mailed to the parents of the 2012 YLF attendees).

## Appendix 1. 2012 Youth Leadership Forum Schedule.

Tues, June 12, 2012	SPEAKER	SESSION (ACTIVITY)
10:00–11:00am		Delegates Check-in – Welcome!!!
10:30am		1 <sup>st</sup> Small Group Meeting! – groups will meet in their meeting location. Complete a questionnaire, get to know each other, ask questions, etc.
11:30-12:00pm		Lunch – Let’s eat! We eat in the USAO cafeteria.
12:00-12:10pm	Bobbie	Meet our Dorm Parent and learn evacuation procedures.
12:10-12:30pm	Allie Cannington, YLF Alumni	Welcome to YLF via Skype – Allie will talk about her experiences in YLF and what’s she doing now, since attending!
12:30–2:00pm	LeDerick Horne	Dare to Dream –
2:00–2:20pm		Break / Snack
2:20-4:25pm	Dr. Jamie VanDycke	What is personal & systems advocacy
4:25-5:25pm		Visioning Your Future – What are your dreams? Your hopes? Your fears?
5:30-6:15pm		Dinner
6:30-8:00pm		Toxic Waste & Debrief
8:00–10:00pm		Ice Cream Social & Name Game
10:00-10:30pm		Small Group Meetings – <b>Review your day!</b>
10:45pm		Lights Out

Wed, June 13, 2012	SPEAKER	SESSION (ACTIVITY)
6:00am		1 <sup>st</sup> Wake Up Call
7:30-8:00am		Breakfast
8:00-8:30am		What is your reputation? Have you thought about who you are? How you could introduce yourself?
8:45-10:15am	Dr. Jim Martin & Crew	It’s My IEP! Learn what your IEP is and how to be a leader in <b>your</b> IEP meetings!
10:15-11:15am	Dr. Jamie VanDycke	Plan your future! What are your goals and how do you attain them?
11:30-12:00pm	Jen	There are resources available to help you!
12:00-12:45pm		Lunch
12:45-2:00pm	DRS	What is DRS? Learn about the Department of Rehabilitation and how it can help you.
2:00-2:15pm		Break / Snack
2:15-3:30pm	OATC	What is A.T.? Are there assistive technology devices or apps that can help you?
3:30-4:00pm		Prepare for YLF Olympics – What will be your role for your group during the Olympics?
4:00-5:30pm		YLF Olympics

5:45-6:30pm		Dinner
6:30-7:30pm	Representative Ben Sherrer	Oklahoma Legislative Processes – Just what do our legislators do at the capitol? How does a bill become a law?
7:30-8:00pm	Ann / Jen	Capitol Day Agenda & Expectations
8:00-9:00pm	Ann, Rep. Sherrer, Jen	Debate Preparation in Pro & Con Groups
9:00-9:30pm		What is important to you and for you? <b>Review the day!</b>
9:30-10:00pm		Free Time
10:15pm		Lights Out! It's a long day tomorrow! Get your rest!

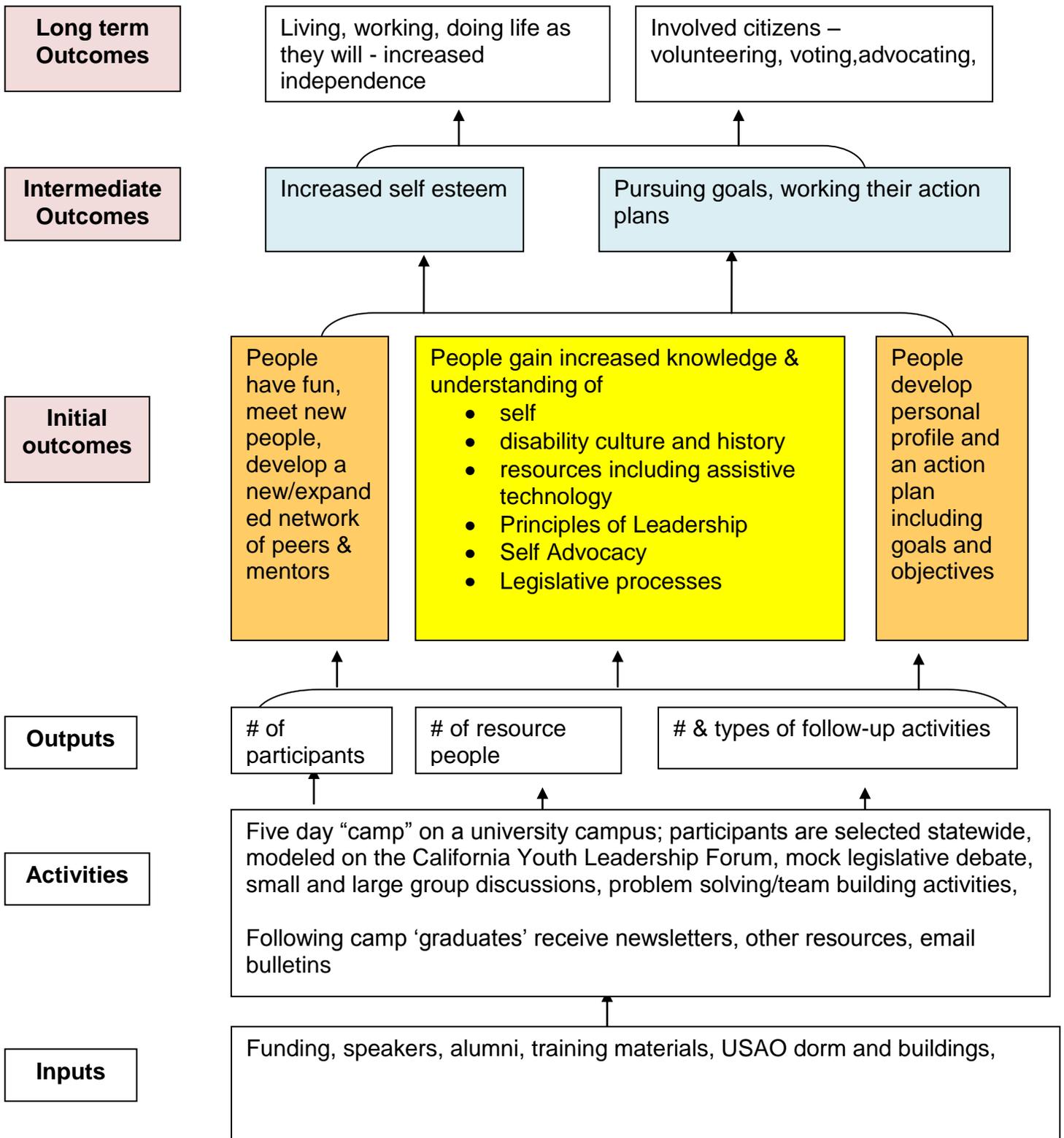
<b>Thurs, June 14, 2012</b>	<b>SPEAKER</b>	<b>SESSION (ACTIVITY)</b>
<b>6:00am</b>		1 <sup>st</sup> Wake Up Call – Don't forget: Wear your <b>WHITE POLO SHIRT</b> today!
7:00-7:30am		Load Bus (in front of Sparks Hall)
7:30-9:00am		Ride to Capitol (OKC). Eat breakfast on bus
Arrival – 9:30am		Last minute debate strategy for Pro & Con Groups
9:15 – 9:25am	Lieutenant Governor Todd Lamb	Leading Your Community!
9:30-10:00am		Write introduction cards to your legislators
10:00-11:00am		Legislator Scavenger Hunt: Deliver your cards to your legislators!
11:00-11:15am		Meet in Blue Room
11:00-11:30am	Representative Anastasia Pittman	Being A Leader In Your Community Group Photo
11:45-12:45pm		Lunch
12:45-1:00pm	The Honorable Mark Liotta	Getting settled, Introductions, History of the House, etc. *No Food/Drinks inside the Chamber!
1:00-2:00pm	The Honorable Mark Liotta	Mock Legislative Debate – Good luck!
2:00-2:15pm		Load Bus
2:15-3:00pm		Ride to Progressive Independent Living Center in Norman, Oklahoma
3:00-4:30pm	Helen Kutz & Staff	Disability History Winning group of debate at St Joseph's first - then will flip.
4:30-5:30pm		Load bus – Head back to USAO
5:30-6:30pm		Dinner
6:30-8:00pm	Alumni	Alumni Share
8:00-8:30pm	Jen	Where are you connected?
8:30-9:30pm		Review the day!

9:30-10:00pm		Free time
10:00		Lights Out!

<b>Fri, June 15, 2012</b>	<b>SPEAKER</b>	<b>SESSION (ACTIVITY)</b>
7:00am		1 <sup>st</sup> Wake Up Call
8:00-8:30am		Breakfast
8:30-10:00am	Jen	Creating your 1-pager
10:00-10:15am		BREAK
10:15-11:45am	Michael Beers	Advocacy History
11:45-12:30pm		Lunch
12:30-3:00pm		Finish you 1-pager; "Add Up" your plans; *Turn in plans to front desk at Sparks Hall
3:00-4:15pm		Candy River
4:15-5:00pm		Group Events <b>Review the day!</b>
5:00-5:45pm		Clean-up for dinner
5:45-8:00pm	Carey-Sue Vega	Dinner
8:00-10:00pm	DJ: Sweet-n-Low	Dance *Don't forget to get your photos taken!
10:00pm		Return to Sparks Hall
10:10pm		Lights Out!

<b>Sat, June 16, 2012</b>	<b>SPEAKER</b>	<b>SESSION (ACTIVITY)</b>
7:00am		1 <sup>st</sup> Wake Up Call
7:45-8:15am		Breakfast
8:15-9:15am		Last minute tasks: Letter to Myself; YLF evaluations; Review day
9:15-10:15am		Pins & Straws (or Mattress Factory)
10:15-10:45am		Return to Sparks Hall and Pack for home *Parents start arriving
10:50-11:50am	Michael Beers	Graduation Address
11:50-12:15pm	Group leaders	Presentation of Certificates & Group photos
12:15-1:00pm		Reception at Sparks Hall Delegates & Alumni check-out & head for home! Be safe!
1:00-3:00pm		Staff Only Lunch Camp Evaluations

## Appendix 2. Youth Leadership Forum Logic Model



**Appendix 3. Pre-forum Questionnaire.** This questionnaire is given to delegates on the first day of YLF. Staff and Alumni mentors may read the instructions and questions but provide no input in answering.

*Please make a ✓ in a space following each of these statements that matches how you feel - choose only one of these answers:*

	☺! Yes definitely	☺ Yes I think so	☹ No I don't think so	☹ Definitely Not	? Don't know
1. I know what an "IEP" is.					
2. I know what transition planning is.					
3. I describe what I need because of my disability.					
4. I know formal dinner rules (etiquette).					
5. I use People First Language.					
6. I know about the independent living movement.					
7. I know about how other people with disabilities tackle obstacles.					
8. I know how to find resources to help with my goals or concerns.					
9. I set goals for my future.					
10. I have a plan to achieve my goals.					
11. I understand different styles of leadership.					
12. I know how a bill becomes a law.					
13. I know how to contact my state legislators.					
14. I know my rights and the laws that protect people with disabilities.					
15. I believe it's important to vote.					

16. What are the benefits / good things about volunteering?

17. Give examples of
- Personal advocacy:
  
  - Systems advocacy:

18. What are the actions of a good team member?

19. List 5 positive things about yourself

- 1
- 2
- 3
- 4
- 5

20. What is important “to” you - what do you like & love?

21. What is important “for” you – what you need for health and safety?

<i>Please make a ✓ in a space following each of these statements that matches how you feel - choose only one of these answers:</i>	 VERY much like me	Sort of like me	 NOT at all like me
22. I tell others what I think.			
23. I can tell others what I am good at.			
24. I make my own choices and decisions.			
25. I know what kind of work I want to do.			
26. I'm proud of myself.			
27. I'm as capable as anybody else.			
28. I introduce myself to people I don't know.			
29. I speak up in my “IEP” and transition planning meetings.			

30. What do you expect to get from Youth Leadership Forum?

**Appendix 4. Post Forum Questionnaire.** This questionnaire is given to delegates on the last day of YLF. Staff and Alumni mentors may read the instructions and questions but provide no input in answering.

*Please make a ✓ in a space following each of these statements that matches how you feel - choose only one of these answers:*

	☺! Yes definitely	☺ Yes I think so	☹ No I don't think so	☹ Definitely Not	? Don't know
1. I know what an "IEP" is.					
2. I know what transition planning is					
3. I describe what I need because of my disability.					
4. I know formal dinner rules (etiquette).					
5. I use People First Language.					
6. I know about the independent living movement.					
7. I know about how other people with disabilities tackle obstacles.					
8. I know how to find resources to help with my goals or concerns.					
9. I set goals for my future.					
10. I have a plan to achieve my goals.					
11. I understand different styles of leadership.					
12. I know how a bill becomes a law.					
13. I know how to contact my state legislators.					
14. I know my rights and the laws that protect people with disabilities.					
15. I believe it's important to vote.					
16. I had fun at YLF.					
17. I've made new friends.					
18. I know people now that I can contact if have questions or need advice.					

19. What are the benefits / good things about volunteering?

20. Give examples of

- Personal advocacy:
- Systems advocacy:

21. What are the actions of a good team member?

22. List 5 positive things about yourself

- 1
- 2
- 3
- 4
- 5

23. What is important “to” you - what do you like & love?

24. What is important “for” you – what you need for health and safety?

<i>Please make a ✓ in a space following each of these statements that matches how you feel - choose only one of these answers:</i>	VERY much like me	Sort of like me	NOT at all like me
25. I tell others what I think.			
26. I can tell others what I am good at.			
27. I make my own choices and decisions.			
28. I know what kind of work I want to do.			
29. I’m proud of myself.			
30. I’m as capable as anybody else.			
31. I introduce myself to people I don’t know.			
32. I speak up in my “IEP” and transition planning meetings.			

33. What did you get from Youth Leadership Forum?

- More than I expected
- Just what I expected
- Less than I expected

Please explain:

34. What will you do differently now?

At home	
At school	
In the community	

35. How did we do?

Please rate your experiences during the sessions.	Great, awesome!	Good, OK	Fair, ugh...	Poor, terrible!
Welcome - Allie Cannington				
Dare to Dream – LeDerick Horne				
Advocacy – Jamie VanDycke				
Creating a Dream Map				
Toxic Waste, Candy River, Pins & Straws				
Ice Cream Social & Name Game				
What is your reputation?				
It's my IEP – Jim Martin				
Assistive Technology – Chuck & Camber				
YLF Olympics				
What is DRS?				
Oklahoma Legislative Process – Representative Ben Sherrer				
Being a leader – Lt. Governor Lamb				
Being a leader – Representative Anastasia Pittman				
Mock Legislative Debate				
Disability History & Independent Living Centers				
Alumni Sharing				
Advocacy History – Michael Beers				
Formal Dinner				
Dance				
One Page Profiles				
Leadership Planning				

Please rate each of these.	Excellent	Good	Fair	Poor
USAO Campus				
Cafeteria Food and Drink				
Snacks provided				
Dorms				
Bathrooms				
Bus transportation				
Friendliness of Staff				
Medicine Distribution				
YLF Schedule				

What was your most favorite thing at YLF?

What was your least favorite at thing at YLF?

**Appendix 5: Follow Up Alumni Questionnaire.** Mailed to youth who attended the 2012 YLF.

**What's Happening?**

Please take a few minutes to share what's been happening with you since YLF.

Completed surveys will be rewarded with one blue card!

*Please make a ✓ in a space following each of these statements that matches how you feel - choose only one of these answers:*

	☺! Yes definitely	☺ Yes I think so	☹ No I don't think so	☹ Definitely Not	? Don't know
16. Connected with new friends you met at YLF?					
17. Have you contacted your state legislators?					
18. Have you contacted with any YLF presenters with questions or for advice?					
19. Have you used dinner etiquette?					
20. Have you advocated for yourself?					
21. Have you used People First Language?					
22. Have you registered to vote?					
23. Have you told people about YLF?					

How are you different since YLF? (describe any changes in the ways you think, act, feel)

Your Self	
With Family	
At School	
In the Community	

Have you used any of the tools from YLF?	😊! Yes definitely	😊 Yes I think so	😐 No I don't think so	😞 Definitely Not	Please explain your answer 
USB drive					
One-page Profile					
Your leadership plan					
Your dream map					

**Appendix 6: Follow Up Parent Questionnaire.** Mailed to parents of youth who attended the 2012 YLF.

**YLF and Your Child**

Please take a few minutes to share what's been happening with your child since YLF.

Has Your Child:

*Please make a ✓ in a space following each of these statements that matches how you feel - choose only one of these answers:*

	 Yes definitely	 Yes I think so	 No I don't think so	 Definitely Not	 I don't know
24. Connected with new friends met at YLF?					
25. Contacted state legislators?					
26. Contacted with any YLF presenters with questions or for advice?					
27. Used dinner etiquette?					
28. Advocated for him/her self?					
29. Used People First Language?					
30. Registered to vote?					
31. Told people about YLF?					
32. Joined any new club or group since YLF?					

How is your child different since YLF?

(Describe any changes in the ways he/she thinks, acts, feels)

Him / Her Self	
With Family	
At School	
In the Community	

Please rate YLF:	Great	Good	Fair	Poor	Comments & suggestions
Application Process					
Interview process					
Acceptance packet					
Parent handbook					
Delegate check-in					
Closing presentation					
Delegate check-out					
Communication with YLF					
Professionalism of YLF					
Helpfulness of YLF					
Overall Experience					

What do you think was most meaningful aspect of YLF for your child?

What could have been better?

How do you think your child's life has changed by the YLF experience?

How do you think YOUR life has changed by the YLF experience?

Please note any other comments and suggestions:

Thanks!